

HOW TO SET A READING GOAL



1. Write down the number on the final page of your book.
2. Underneath that, write down the number of the first page of your book. Check carefully. It isn't always page 1! If there's a prologue, include those page numbers since you should always read the prologue.
3. Subtract. That's how many pages total you have to read.
4. Figure out how many days you want to spend reading your book.
5. Divide your answer in #3 by the number of days you want to spend reading.
6. Your answer tells you how many pages you have to read each day in order to meet your goal.
7. Create a sticky note or bookmark that says something like "Get to this point by bedtime!"
8. Stick the sticky or bookmark in your book at the page you need to read to that day so you can see how far you need to get.
9. Each day, move the sticky or bookmark the number of pages ahead that you got in your answer to #6. Do this even if you exceeded your goal, or if you didn't make your goal for the day. It's just to show you visually what you need to do the next day to stay on track.